



# TRAVEL SOBER

The Journey Begins

## 12 Night South Africa Safari Cruise November 23 – December 5, 2025

### 12 Night Africa Cruise on the Norwegian Dawn

Private safari shore excursions offered by In This Life

#### Nov 19 Pre-Cruise/Optional 4 Day Cape Town

Includes: Table Mountain, Kruger National Park Safari, Robbings Island & Elephant Reserves

**Great Recovery speakers, meetings, mediation, workshops & more**

#### Cruise prices starting at: \$1925.00

per person, based on double occupancy including port fees and taxes, specialty dining, WI-FI, soda package, and more!

**A Cruise Deposit and \$325 Non-Refundable Administration Fee are DUE AT TIME OF BOOKING**

*\*\*Ask about Latitudes Promotions, Discounts and Upgrade  
Take the Family – Connecting cabins are available!*



**NCL NORWEGIAN CRUISE LINE®**

**TRAVEL SOBER**  
The Journey Begins

**BOOK NOW!** (805) 927-6910  
[travelsober.com](http://travelsober.com) [inthislife@aol.com](mailto:inthislife@aol.com)

Prices are per person - discounted prices subject to change

**Inside \$1925**  
**Oceanview \$2150**

**Balcony \$2800**  
**Mini-Suite \$3950**

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**ABOUT THE ITINERARY**

Immerse yourself in awe-inspiring natural beauty and amazing wildlife in Madagascar and Africa while learning about rich local cultures and traditions. With an overnight stay in Richard’s Bay, you have plenty of time to explore all the region offers, from encountering elephants, lions, hippos and other species on an unforgettable safari at a local game reserve to learning about Zulu culture with a visit to the DumaZulu Traditional Village. Then encounter diverse species that include lemurs, pygmy kingfishers and colorful chameleons at the Lokobe Natural Reserve, located outside Nosy Be. In Port Louis, your overnight stay allows you even more time to dive deeper into the region’s natural beauty, culture and history. Learn about the historic tea trade with a scenic tour along the “Tea Route” that includes tea tastings and visiting 19th century plantation houses or journey to one of the nearby islands for a day of oceanside relaxation.

Day	Cruise Port	Arrive	Depart
Day 1 Sunday	Cape Town, South Africa		4pm
Day 2 Monday	Mossel Bay, South Africa	8:00am	5:00pm
Day 3 Tuesday	Port Elizabeth, South Africa	7:30am	5:00pm
Day 4 Weds	Richards Bay, South Africa	6:30pm	
Day 5 Thursday	Richards Bay, South Africa		3:00pm
Day 6 Friday	At Sea		
Day 7 Saturday	At Sea		
Day 8 Sunday	Nosy Be, Madagascar	1:00pm	9:00pm
Day 9 Monday	Antsiranana, Madagascar	8:15am	5:00pm
Day 10 Tuesday	At Sea		
Day 11 Weds	Pointe Des Galets, Reunion	7:00am	6:00pm
Day 12 Thursday	Port Louis, Mauritius	7:00am	
Day 13 Friday	Port Louis, Mauritius Disembark	6:00am	

**ABOUT IN THIS LIFE/TRAVEL SOBER**

We have been privileged to provide sober travelers a safe place to enjoy each other’s company, experience great speakers and workshop leaders while enjoying all the benefits of cruise and land vacations with like-minded people.

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11/20/24